

VA AREA DISTRICT REPRESENTATIVE REPORT
SPRING ASSEMBLY MEETING MAY 14-15, 2022
DISTRICT 21 – ROANOKE/ALLEGHANY

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INFORMATIONAL ITEMS

District 21 currently has:

- 1 WebEx meeting
- 4 Hybrid meetings
- 12 Face to Face meetings

Successes:

- *District meetings are on WebEx – Group conscience - business meeting is more accessible
- *Added GR Discussion segment to each District meeting; keep District meetings to 1 hour
- *Group meetings every day of the week
- *RoanokeAFG.org – District website with meeting information now linked to VAAAnon.org
- *Newcomer participation has increased – Newcomer focus group is reestablished
- *Alateen Group meets in person -
- *Monday, Central AFG - Family of meetings Al-Anon, Alateen and Newcomer meetings.
When meeting reaches 20+ attending, meeting splits into 2 locations for more sharing time.
AA meets same time and location.
- *2 District wide events - Feb 5 - 4 Ls - Love, Lunch, Literature and Legacies - 3 speakers
April 23 - Spring Fling -
Topics: History of Al-Anon, Sponsorship, Recovery versus Relief
Panel - District 21 past delegate and DRs

Outreach:

- *How Al-Anon Works distributed to Roanoke City and County libraries –
Catalogued and on shelves
- *Pamphlets – Guide to Family of Alcoholics & What Do You do ... - Distributed to
Libraries, YMCAs in the valley and Roanoke Redevelopment/Section 8 Main office.
Facilities have placed pamphlets in commons
for clientele to pick up
- *Old Forums - collected and distributed to Jails in area
- *June professional workshop will be provided pamphlets plus Alateen items

Challenges:

- *Contributions to Groups is good. Donations to District and Area is needs encouragement
- *Encouraging Service participation
- *Social Media Outreach blog being worked – issue not breaking anonymity of participants

GOALS:

- *Increasing Outreach placing: Al-Anon literature in AA access, Medical offices,
Recovery centers, Church offices
- *Improving audio quality in hybrid meetings
- *Nourishing healthy meetings for Al-Anon members and Newcomers
- *Accentuating study of Traditions and Concepts